

Jar of Hope

Week beginning 25th May

The Jar of Hope:

This week, think about the things that make you hopeful in these hard times. Find an empty jar and decorate it as your Jar of Hope. You could use the template on the website.

Write down the things that you are missing doing at the moment and put them in the jar. This way, once the current crisis passes, you can look in your Jar of Hope and celebrate and appreciate being able to do things again.



Inspired by your Jar of Hope?
Design a poster with things that
make you hopeful!

**"All it takes is one good
person to restore hope."**

Pope Francis



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share your work,
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You can also be a sign of
hope in the world by
recreating events you might
be missing out on.

Find out more at
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